

Additional Information

Cost: \$10 registration fee.
NO cost to persons with disabilities,
students, accompanying teachers, or
National Service members.

Pay in person on the day of the
conference with check or cash. Make
checks payable to Wartburg
College.

Location: Wartburg College
Saemann Student Center
100 Wartburg Blvd.
Waverly, IA 50677

Parking: Parking is located in visitor
lots E and F along the east and south
sides of the campus. Accessible
parking is indicated with signs.
Parking is also available along the
streets bordering campus.

Special Accommodations

Please notify us when you register of
any accommodations you might need
or dietary requests.

For more information

Contact: Carla Coates
Wartburg College
319.352.8230
carla.coates@wartburg.edu



***Be Empowered:
Building a
Successful Future***

Mini-Conference



**Tuesday, Dec. 1, 2009
9 a.m. - 2:15 p.m.
Saemann Student Center
Wartburg College
Waverly, Iowa**

The Program

This mini-conference will help people of all ages with disabilities explore exciting new volunteer service opportunities that match their skills and abilities. Attendees will leave with information on the benefits and expectations of being a volunteer. They will see how being active in the community and volunteering builds successful lives. Persons of working age (16 and older) with disabilities, educators, students, service providers, parents and guardians are encouraged to attend this conference.

Our Emcee



Angie Plager
Ms. Wheelchair
Iowa

Ms. Plager loves to volunteer her time to help improve the lives of others! She is involved in a multitude of committees and organizations, serving as president of the Spinal Cord Injury Association of Iowa, co-director of the drama ministry at her church, and a Cambridge Jubilee Committee member. She enjoys public and inspirational speaking, and serves as an advocate and resource at a variety of state and local meetings.

How to Register

Register Online
www.regonline.com/empower2009

For group registration or questions
Contact: Jamie Nagel
515.725.3096
jamie.nagel@iowalifechanging.com

Deadline: Friday, Nov. 20

Space is limited. Register NOW!

Pre-registration is required.

Conference Schedule

9-9:45 a.m. Registration

9:45-10 a.m. Welcome

10:15-11:15 a.m. Session I

11:15 a.m.-noon Volunteer Exhibitors

Noon-1 p.m. Lunch/Game

1:15-2:15 p.m. Session II

Our Sponsors



Workshops (choose two)

Volunteer To Get Connected

Become a volunteer and...

- Get to know your community
- Show commitment to a cause
- Learn something new
- Explore a career
- Keep your skills alive
- Build a resume
- Stand up and be counted!

A panel of volunteers with disabilities will share its experiences with volunteerism. See what volunteering can do for you!

Volunteering 101

There are many questions you may want answers to as you consider becoming a volunteer:

- How do I choose where to volunteer?
- How much time will I need to commit?

These questions and more will be answered by a panel of Volunteer Coordinators from nonprofit organizations in the Waverly area. Learn what you need to know before you take the first step in becoming a volunteer.

Everyone Can Serve!

We're looking for heroes to join the ranks of more than 75,000 individuals who are making a difference through national service. Make a commitment to help your fellow Iowans, and you'll enhance your skills, earn money, and receive a monetary award specifically for your education. Everyone can serve! Come learn about the opportunities.